



CULINARY MEDICINE UK CERTIFIED ONLINE COURSE FOR HEALTHCARE PROFESSIONALS

How does it work?



<https://culinarymedicineuk.org/our-course>



Learn from leading experts in the field of Nutrition, Culinary Arts and Motivational interviewing



Expand your evidence-based knowledge of how nutrition impacts health and the planet, and build key culinary skills with our Chef led video tutorials



All modules contain video lectures with downloadable presentations, transcripts, and resources to share with your patients



The CMUK Virtual Learning Platform gives you access to learn at your own pace, any time, from anywhere in the world



Online Certification in Culinary Medicine
CPD learning: 20 hours +



Scan to sign up!



@culinarymeduk



@culinarymedicineuk



@culinarymedicineuk

MODULES & AUTHORS

Module 1: The Role of Nutrition in Health

Elaine Macanich, RD & Dr Abhi Bhansali
CMUK Directors

Module 2: Food and Nutrition Insecurity

Jackie Wilson, RD
@jgwdietetics

Module 3: Food Sustainability

Louise Symington, RD
@sustainabledietitian
sustainabledietitian.co.uk

Module 4: Culinary Skills

Chef Vinnie Kelly
CMUK Culinary Lead
@culinaryclinicuk

Module 5: Introduction to Motivational Interviewing

Claudia Salazar, MSc,
Dr Sumi Baruah, CMUK Director, GP
and Health Coach

Module 6: Type 2 Diabetes

Nicola Guess, RD
Research Fellow at KCL
@Dr_Guess
dietdoctor.com

Module 7: Weight and Health in Adults

Owen Marples, RD
@omarples

Module 8: Food, Mood and Mental Health

Priya Tew, RD
@Priya_Tew
priyatew.com

Module 9: IBS

Laura Tilt, RD
@nutrility
lauratilt.com

Module 10: Food Allergy and Intolerance

Laura Tilt, RD
@nutrility
lauratilt.com

Module 11: Undernutrition

Harriet Smith, RD
@hrscommunications
hrscommunications.com

Module 12: Oncology and Nutrition

Victoria Nelson, RD
@VickyAubs
vnnutrition.co.uk

Module 13: Weight and Health in Children

Jenny Rosborough, ANutr
@hellohealthyyou_
Head of Nutrition at Jamie Oliver Ltd

Module 14: Nutrition for HCPs

Harriet Smith, RD
@hrscommunications
hrscommunications.com

...plus an additional suite of culinary videos to watch in your own time and cook along, and more!